

Second Class Requirements Workbook



Scout Name _____ Troop _____

No.		Leader Date and Initial
1a.	Demonstrate (<i>describe</i>) how a compass works _____ _____ _____ and how to orient a map _____ _____ _____ Explain what map symbols mean _____ _____ _____ _____	
1b.	Using a compass and a map together, take a 5-mile hike (or 10 miles by bike) approved by your adult leader and your parent or guardian. <i>Where did you go on the hike?</i> _____ <i>Did you hike or use your bike?</i> _____ <i>Describe, in compass terms(i.e. went North for 1.5 miles), the hike you went on.</i> _____ _____ _____ _____ _____ _____ _____	
2a.	Since joining, have participated in five separate troop/patrol activities (other than troop/patrol meetings), two of which included camping overnight. <i>List the five separate troop/patrol activities:</i> 1. Troop/Patrol activity _____ 2. Troop/Patrol activity _____ 3. Troop/Patrol activity _____ 4. Troop/Patrol activity including camping _____ 5. Troop/Patrol activity including camping _____	

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2b.	<p>On one of these campouts, select your patrol site and sleep in a tent that you pitched.</p> <p><i>How did you choose the site you picked for pitching your tent?</i> _____</p> <p>_____</p> <p>_____</p>	
2c.	<p>On one campout, demonstrate proper care, sharpening, and use of the knife, saw and ax, and describe when they should be used:</p> <p><i>Describe what is the proper care for a:</i></p> <p><i>Knife:</i> _____</p> <p>_____</p> <p><i>Saw:</i> _____</p> <p>_____</p> <p><i>Ax:</i> _____</p> <p>_____</p> <p><i>Describe how you sharpened the:</i></p> <p><i>Knife:</i> _____</p> <p>_____</p> <p><i>Saw</i> _____</p> <p>_____</p> <p><i>Ax</i> _____</p> <p>_____</p> <p><i>Describe when they should be used</i> _____</p> <p>_____</p> <p>_____</p>	2c.
2d.	<p>Use the tools listed in requirement 2c to prepare tinder, kindling, and fuel for a cooking fire.</p> <p><i>Describe how you prepared the tinder, kindling and fuel.</i> _____</p> <p>_____</p> <p>_____</p> <p>_____</p>	

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2e.	<p>Discuss when it is appropriate to use a cooking fire and a lightweight stove. Discuss the safety procedures for using both.</p> <p><i>Describe when it is appropriate to use a cooking fire.</i> _____</p> <p>_____</p> <p>_____</p> <p><i>Describe when it is appropriate to use a lightweight stove.</i> _____</p> <p>_____</p> <p>_____</p> <p><i>Describe safety procedures for using a cooking fire</i> _____</p> <p>_____</p> <p>_____</p> <p><i>Describe safety procedures for using a lightweight stove.</i> _____</p> <p>_____</p> <p>_____</p>	
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2f.	<p>Demonstrate how to light a fire and a lightweight stove.</p> <p><i>Describe how to light a fire.</i> _____</p> <p>_____</p> <p>_____</p> <p><i>What are the three things you need to build a fire?</i></p> <p>1. _____, 2. _____, and</p> <p>3. _____</p> <p><i>Describe how to light a lightweight stove.</i> _____</p> <p>_____</p> <p>_____</p> <p><i>To whom did you demonstrate how to build a fire?</i> _____</p> <p><i>To whom did you demonstrate how to light a lightweight stove?</i> _____</p>	
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2g.	<p>On one campout, plan and cook over an open fire one hot breakfast or lunch for yourself, selecting foods from the food pyramid. Explain the importance of good nutrition. Tell how to transport, store, and prepare the foods you selected.</p> <p><i>Sometimes it takes multiple campouts to fulfill this requirement.</i></p> <p><i>Which campout(s) did you attend to fulfill this requirement?</i> _____</p> <p>_____</p> <p>_____</p> <p><i>What did you cook for your hot breakfast or lunch for yourself?</i> _____</p> <p>_____</p> <p>_____</p> <p><i>What foods did you select from the food pyramid?</i> _____</p> <p>_____</p> <p>_____</p> <p><i>Explain the importance of good nutrition.</i> _____</p> <p>_____</p> <p>_____</p> <p><i>How did you transport the foods you selected?</i> _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p><i>How did you store the foods you selected?</i> _____</p> <p>_____</p> <p>_____</p> <p><i>How did you prepare the foods you selected?</i> _____</p> <p>_____</p> <p>_____</p> <p>_____</p>	

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3.	Participate in a flag ceremony for your school, religious institution, chartered organization, community, or troop activity. <i>Where did you participate in a flag ceremony</i> _____	
4.	Participate in an approved (minimum of one hour) service project. <i>Describes the work you did as your service project?</i> _____ _____ _____ _____ _____ _____ _____ <i>Have the person you did this service project for sign here</i> _____	
5.	Identify or show evidence of at least ten kinds of wild animals (birds, mammals, reptiles, fish, mollusks) found in your community. <i>List the ten kinds of animals below:</i> 1. _____ 6. _____ 2. _____ 7. _____ 3. _____ 8. _____ 4. _____ 9. _____ 5. _____ 10. _____	
6a	Show (<i>describe</i>) what to do for “hurry” cases of stopped breathing, serious bleeding, and internal poisoning <i>What is the definition of a “hurry case”?</i> _____ _____ _____ _____ _____ <i>Describe what you would to do for stopped breathing.</i> _____ _____ _____ _____ _____	

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	<p><i>Describe what you would do for serious bleeding</i> _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p><i>Describe what you would do for internal poisoning.</i> _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	
6b.	<p>Prepare a personal first aid kit to take with you on a hike.</p> <p><i>List the items in your first aid kit.</i></p> <p>1. _____ 7. _____</p> <p>2. _____ 8. _____</p> <p>3. _____ 9. _____</p> <p>4. _____ 10. _____</p> <p>5. _____ 11. _____</p> <p>6. _____ 12. _____</p> <p>13. _____ 14. _____</p>	
6c.	<p>Demonstrate first aid for the following:</p> <p>1. Object in the eye _____</p> <p>_____</p> <p>2. Bite of a suspected rabid animal. _____</p> <p>_____</p> <p>3. Puncture wounds from a;</p> <p style="padding-left: 20px;">a. Splinter _____</p> <p style="padding-left: 20px;">b. nail _____</p> <p style="padding-left: 20px;">c. and fishhook _____</p> <p>4. Serious burns (second Degree) _____</p> <p>_____</p>	

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	5. Heat exhaustion _____ _____ 6. Shock _____ _____ 7. Heatstroke _____ _____ 8. Dehydration _____ _____ 9. Hypothermia _____ _____ 10. Hyperventilation _____ _____	
7a.	Tell what precautions must be taken for a safe swim. _____ _____ _____ _____	
7b.	Demonstrate your ability to jump feet first into water over your head in depth, level off and swim 25 feet on the surface, stop, turn sharply, resume swimming, then return to your starting place. <i>Have the person that watched you perform this requirement sign here:</i> _____	
7c.	Demonstrate water rescue methods by reaching with your arm or leg, by reaching with a suitable object, and by throwing lines and objects. Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible, and explain why and how a rescue swimmer should avoid contact with the victim. <i>Have the person that watched you perform this requirement sign here:</i> _____ <i>Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible.</i> _____ _____ _____ _____ _____	

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	<p><i>Explain why a rescue swimmer should avoid contact with the victim.</i> _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p><i>Explain how a rescue swimmer should avoid contact with the victim.</i> _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	
8.	<p>Participate in a school, community, or troop program on the dangers of using drugs, alcohol, and tobacco, and other practices that could be harmful to your health. Discuss your participation in the program with your family.</p> <p><i>Where did you participate in a program on the dangers of practices that could be harmful to your health?</i> _____</p> <p><i>Have the person that did this program sign here:</i> _____</p> <p><i>What topics did you discuss with your family?</i> _____</p> <p>_____</p> <p>_____</p> <p>_____</p>	
9.	<p>Demonstrate scout spirit by living the Scout Oath (Promise) and Scout Law in your everyday life</p> <p><i>Explain how you think you have demonstrated Scout Spirit.</i> _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	
10.	Participate in a Scoutmaster conference.	
11.	Complete your board of review.	